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Dear Parents and Carers,

As you may be aware, from September 2020, the Department of Education announced changes to Relationship, Sex Education (RSE). It is now compulsory for all primary school students to study Relationships Education and for all secondary school students to study Relationship and Sex Education. The new guidance focuses on providing students with the knowledge that will enable them to make informed decisions about their wellbeing, health, and relationships and to build their self-esteem. In educating the students in these subjects, they can develop resilience, know how and when to ask for help, and where to access support.

At the Lighthouse School, we are acutely aware of the importance of providing the students with the knowledge, understanding and practical skills to live a healthy, safe, and fulfilling life, both now and in the future. We provide personal well being and development through our programme of Personal Social and Health Education (PSHE), taught in-line with the recommendations of the PSHE Association. Other aspects are also covered through the Science curriculum. The resources are age appropriate and tailored to suit the emotional maturity of our students.

The statutory guidance can be found at:

<https://Relationships Education Relationships and Sex Education RSE and Health Education .pdf>

In line with the guidance, schools are required to consult with parents and carers when developing the policy for Relationship Education and RSE. Due to the unprecedented times, it is challenging to hold consultations, however, please find attached the policy which outlines a summary of the curriculum content delivered. This letter, the policy and additional resources will also be published on the website under the 'School Information' tab.

The consultation period will close on Friday 28th May 2021.

Please email t.collins@lighthouseschools.co.uk if you have any comments you wish to share during the consultation period.

Yours faithfully,

Mrs S Chidwick

Vice Principal, Teaching & learning and Curriculum